

INFANT MEAL PATTERN MENU

Day Care Provider _____

Week of: _____

Name of Infant: _____

DOB: ____/____/____

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Lunch					
Snack					
Supper					

REQUIREMENTS FOR INFANT MEAL PATTERN

AGES	BREAKFAST	LUNCH OR SUPPER	AM OR PM SNACK
0-5 mo	(1) 4-6 oz. breastmilk* or iron fortified infant formula	(1) 4-6 oz. breastmilk* or iron fortified infant formula	1) 4-6 oz. breastmilk* or iron fortified infant formula
6-11 mo	(1) 6-8 oz. breastmilk* or iron fortified infant formula AND (2) 0-4 tbsp. infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 0-2 oz. cheese, or 0-1/2 cup cottage cheese or yogurt; or combination of above** AND (3) 0-2 tbs. of fruit or vegetables or a combination of both**	(1) 6-8 oz. breastmilk* or iron fortified infant formula AND (2) 0-4 tbsp. infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 0-2 oz. cheese, or 0-1/2 cup cottage cheese or yogurt; or combination of above** AND (3) 0-2 tbs. of fruit or vegetables or a combination of both**	1) 2-4 oz. breastmilk* or iron fortified infant formula AND 2) 0 -1/2 slice bread; or 0-2 crackers; or 0-4 tbsp. of infant cereal or ready-to-eat breakfast cereal** AND 3) 0-2 tbs. of fruit or vegetables or combination of both**

*See Breastfeeding Support and CACFP Reimbursement for more information on supporting mothers who breastfeed and reimbursement requirements.

**This component is only required when the infant is developmentally ready.